

EXAMPLE

working



College—I am really enjoying my course and all the teachers and students are friendly and helpful

Support—I have really good PA's who I like to go out with and spend time with

Having a PA to support me at choir, I feel more settled at choir now Gary comes with me.

not working



I over-react when I forget my memory stick or college lanyard and it stops me having a good day at college. I need help to remember my stuff and help to stay calm when I forget things.

I don't like it in when everyone leaves the windows open because we get flies and mosquitoes inside and I don't like them flying around me. It makes me very agitated.